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## Longevity: How to Think About and Plan for It

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## It's Human Nature to Under-Estimate How Long You Might Live

## How We Think About Negative Events

We often make decisions that are based on behavioral patterns that aren't based on representative facts

- We use vivid and easily-remembered examples (such as the notable death of a young person) to shape our notion of longevity even though they might be a misleading indicator of recent longevity experience or trends.
- In making choices among uncertain outcomes, (such as how long you might live) most people will minimize their view of a large loss (like outliving your income) and inflate their view of a sure but smaller one (such as not spending money to save it for future years).


## To What Age People Think They'll Live

Percent
Retirees $\square$ Pre-retirees


Source: Society of Actuaries, Key Findings and Issues, "Longevity: The Underlying Driver of Retirement Risk," 2005 Risks and Process of Retirement Survey Report, July 2006

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## Perceptions and Mis-perceptions of Longevity

## For Planning Purposes,

Longevity is the number of future birthdays you might have

- For planning, it's better to view this as a range of ages, not a single age ("life expectancy")
- The range of ages is associated with probabilities of survival to those ages
-The range should consist of a few variations, each representing different scenarios regarding trends in medical care, environmental and societal factors, and other influences on longevity


## How Many Future Birthdays Might a 60-year-old Person Plan For?

## Percent Likely

 to Celebrate

10 more

Should people plan to make their income last until they're 90?

Or 100? There is a small chance (by today's data) you'll live to be 100. But 40 years ago, most 60-yearolds didn't expect to live to 80.*
*The cohort life expectancy at age 60 for birth year 1910 was 77 for males and 82 for females.
Sources: Social Security Administration, "Life Tables for the United States Social Security Area, 1900-2100" (Actuarial Study No. 120), August 2005, Table 7; I.I.I. calculations

## But What if the Longevity Assumptions Are Low?

On the preceding slide, the longevity data are from the Social Security Administration - essentially for the U.S. population as a whole. But any individual might have a considerably different set of probabilities, based on many factors, including

- Family history
- Current health status
- Access to health care
-Social and physical environment


## An Age-70 Man Has a 54\% Chance of Reaching 90 If He Avoids 5 Conditions



Source: Yates, Djoussé, Kurth, Buring, and Gaziano, "Exceptional Longevity in Men," Archives of Internal Medicine, Vol 168, No. 3 (Feb. 11, 2008)

## What If Longevity Improvement Is Slightly Better than Forecast?

## Percent Likely

 to Celebrate More Birthdays

[^0]120), August 2005; I.I.I. calculations

- You will want to assure that income lasts as long as either of you is alive. Actuaries calculate this as a "joint-life" longevity distribution.
- If, for example, both members of the couple are age 65 now, the next slide shows the probability at least one of the couple will be alive at the end of the number of decades shown


## Probability That One Member of a Couple, Now Both Age 60, Is Alive Decades Later

## Percent Likely

to Celebrate


[^1]120), August 2005; I.I.I. calculations

## Chance of Living to $90 ?$ It Grows As You Age



[^2]
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## The Effect of Living Longer on Managing Retirement Income

If You Are Managing Your Own Retirement Funds, Beware of This Often-Overlooked "Problem"

## Example: Male age 65, \$100,000 fund

| Year | Age | Planned <br> Income <br> Duration <br> (years) | Income <br> amount <br> withdrawn | End of Year <br> Fund <br> Balance |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 65 | 22 | $\$ 5,318.74$ | $\$ 100,362.14$ |
| 6 | 70 | 17 | $\$ 6,471.06$ | $\$ 98,665.84$ |
| 11 | 75 | 12 | $\$ 7,873.04$ | $\$ 88,674.01$ |
| 16 | 80 | 7 | $\$ 9,578.75$ | $\$ 65,907.95$ |
| 21 | 85 | 2 | $\$ 11,654.02$ | $\$ 24,011.67$ |

The problem is that, if he reaches age 80, he has a 27\% chance of reaching 90outliving his income.

## Assumptions for this example:

6\% annual investment return
4\% inflation (withdrawals match inflation
fund exhausted at end of planned income duration, set at life expectancy plus 5 years

## Example: Male age 65, \$100,000 fund; "reset" at age 80

| Year | Age | Planned <br> Income <br> Duration <br> (years) | Income <br> amount <br> withdrawn | End of Year <br> Fund <br> Balance |
| :---: | :---: | :---: | :---: | ---: |
| 1 | 65 | 22 | $\$ 5,318.74$ | $\$ 100,362.14$ |
| 6 | 70 | 17 | $\$ 6,471.06$ | $\$ 98,665.84$ |
| 11 | 75 | 12 | $\$ 7,873.04$ | $\$ 88,674.01$ |
| 16 | 80 | 13 | $\$ 5,784.00$ | $\$ 69,930.32$ |
| 21 | 85 | 8 | $\$ 7,037.12$ | $\$ 54,823.46$ |
| 26 | 90 | 3 | $\$ 8,561.73$ | $\$ 26,209.81$ |

Assumptions for this example:
6\% annual investment return
4\% inflation (withdrawals match inflation fund exhausted at end of planned income duration, set at life expectancy plus 5 years

Longevity requires a big cut in income to make the fund last.

## Insurance Information Institute Online:

## www.ifi.org

## Thank you for your time and your attention!


[^0]:    Sources: Social Security Administration, "Life Tables for the United States Social Security Area, 1900-2100" (Actuarial Study No.

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[^2]:    Sources: Social Security Administration, "Life Tables for the United States Social Security Area, 1900-2100" (Actuarial Study No.
    120), August 2005, Table 6, calendar year 2010; I.I.I. calculations

